

**OFFICE OF THE POLICE AND CRIME COMMISSIONER
FOR HUMBERSIDE
DECISION RECORD**

Decision Record Number: **18/2020**

Title: **Children and Adolescent on Parent Violence (CAPV): Who's In Charge?**

Executive Summary:

- 1.1. This paper outlines the case for commissioning Who's in Charge (WiC): A Children and Adolescent on Parent Violence (CAPV) programme, aimed at parents whose children are being abusive or violent toward them or who appear out of parental control. The programme seeks to change unwanted behaviour in both young people and adults.
- 1.2. The Commissioner will fund the programme for a two year period:
 - Year 1 - Core Budget (£70,000)
 - Year 2 - Core Budget (£30,000) and Victims' Grant (£64,000)
- 1.3. There is a clear need for this intervention evidenced significantly on the South Bank of Humberside where there is high demand and gaps in provision. The program is already tested within North East Lincolnshire and has built infrastructure, provision will be further extended to North Lincolnshire.

Decision:

That the Who's in Charge Programme is commissioned through The Blue Door CiC at a total cost of £164,000 to enable children and young people to positively change unwanted behaviour and reduce incidences of violence and family conflict whilst further enhancing existing successful provision into a full family approach.

The total cost provides for 2 years of programme delivery across the South Bank with a robust evaluation included.

Background Report: Open (with FOI exemption(s) stated)

Police and Crime Commissioner for Humberside

I confirm I have considered whether or not I have any personal or prejudicial interest in this matter and take the proposed decision in compliance with my code of conduct.

Any such interests are recorded below.

The above decision has my approval.

Signature



Date 02/12/2020

**POLICE AND CRIME COMMISSIONER
FOR HUMBERSIDE**

SUBMISSION FOR: DECISION

OPEN

Title: Who's In Charge?: Children and Adolescent on Parent Violence (CAPV)

Date: 20th November 2020

1. Executive Summary

- 1.1. Who's in Charge: A Children and Adolescent on Parent Violence (CAPV) programme aimed at parents whose children are being abusive or violent toward them or who appear out of parental control. The programme seeks to change unwanted behaviour in both young people and adults.
- 1.2. The Commissioner will fund the programme for a two year period:

Year 1 - Core Budget (£70,000)
Year 2 - Core Budget (£30,000) and Victims' Grant (£64,000)
- 1.3. There is a clear need for this intervention evidenced significantly on the South Bank of Humberside where there is high demand and gaps in provision. The program is already tested within North East Lincolnshire and has built infrastructure, provision will be further extended to North Lincolnshire, targeting areas of highest deprivation.

2. Recommendation(s)

- 2.1 It is recommended that the OPCC commission the Who's in Charge programme through The Blue Door CiC. Enabling children and young people to positively change unwanted behaviour and reduce incidences of violence and family conflict, whilst further enhancing existing successful provision in to a full family approach.
- 2.2 In addition to the core cost of provision (5.1 and 5.2), it is recommended that the programme is supported by a robust evaluation (5.3) to enable sustainability and contribute towards the OPCC strategic review on perpetrator programmes.

3. Background

- 3.1. We have identified a clear gap in tackling CAPV and domestic abuse in a family setting (e.g. child to parent) and this is an issue of increasing concern for Humberside Police and DA related service providers.
- 3.2. Our analysis, using police data and supplemented with service provision data (for the under 10s), shows a sizeable cohort of children and young people causing harm 'at home'. This analysis shows a clear development from child perpetrator to adult perpetrator over time. This is particularly observed in the areas of highest deprivation.
- 3.3. Analysis displayed that a key determinate or driver for behaviour is the family setting where parental power is ceded to the child or young person. We also find that the most common issues (criminogenic needs) faced by CAPV perpetrators in our cohort are mental health and substance misuse (drugs and alcohol). We have found that the needs of perpetrators escalate from child to young adult and this appears to become acute from 21 to 24.
- 3.4. To meet this need we will enhance the Who's in Charge (WiC) programme beyond its previous roll out by drawing down expertise from Mental Health and Substance Misuse service providers, and delivering a whole family approach, seeking to redress the power balance in the family.

How this will work and when will it happen:

- 3.5. We will take a project approach, aiming to start the service in March 2021 and fund this for 2 years (March 2021 – March 2023).
 - Year 1: Full programme roll out across South Bank, March 2021 – March 2022
 - Year 2: Full year roll out alongside substantive evaluation, coinciding with Humberside OPCC strategic review of perpetrator programmes.
- 3.6. The key characteristics of the proposed service are:
 - WiC interventions for families in the targeted Wards to rebalance the power in the family;
 - Individual interventions for CAPV perpetrators to compliment the ongoing WiC work;
 - The target cohort for the CAPV work is 16 to 24 years of age although the service will intervene in cases where children are between 8 and 15 which remain relatively low in volume but are increasing;
 - Having 'draw-down' specialist resources where the individual CAPV perpetrator requires this, including multi agency workshops and specialist training;
 - An evaluation model that enables comparison with control areas.
- 3.7. The service will be hosted within existing IDVA / ISVA service provider organisations (The Blue Door on the South Bank). There is already a strong strategic partnership arrangement in place and this will form the basis of the oversight and governance of the service.

4. Options

- 1) Do nothing – This proposal presents an opportunity to develop the existing provision for Domestic Victims and provides resource to meet identified gaps in provision available. Doing nothing does not realise the positive benefits.
- 2) Make a partial contribution: Fund one area, continue to provide in North East Lincs. Whilst this approach would realise some positive benefits it would not reach its full potential within identified target communities across the south bank and would create imbalance and not allow for the full evaluation.
- 3) Fully fund: The decision to fully fund is the preferred option as this, i) enables the OPCC to further strengthen the provision of service for CAPV offering opportunities to build upon existing resource and infrastructure and, ii) enables parents, families, children and young people the opportunity to address unwanted behaviour, violence and ultimately preventing future perpetrators of domestic abuse.

5. Financial Implications

5.1 The core cost of operational delivery is £70,000 per annum (£35,000 per area)

i. Year 1

Sub-total = 70,000

ii. Year 2

Sub-total = 70,000

5.2 Quarterly outcome reporting, and monthly updates including also draw down/incentives to develop pathways for Mental Health and Substance misuse

Sub-total = 4,000

5.3 Additional Evaluation/Added Value Options:

Controlled approach which evaluates 18 months of delivery against:

- A comparative area – different programme model where there is current provision (Hull), and;
- Absence of provision (East Riding), so that the outcomes can be properly understood.

Sub-Total = £20,000+VAT

TOTAL = £164,000+VAT

6. Legal Implications

6.1 None.

7. Contribution to Delivery of the Police and Crime Plan

7.1 The Who's in Charge Programme contributes to each of the three aims within the Police and Crime Plan;

Aim 1: To deliver increasingly self-sustaining and safe communities in the Humber area;

Aim 2: To build public confidence in the agencies involved in creating safer communities;

Aim 3: To provide services to victims and the most vulnerable that meet their needs.

7.2 In view of delivering Police and Crime Plan aims, the Programme seeks to:

- Reduce family conflict and negative behaviours by building positive family behaviours that can sustain
- Reduce physical, emotional, sexual and psychological abuse
- Improve mental health and wellbeing across the whole cohort
- Reduce the use of alcohol and / or drugs to a point where they are not causal factors

7.3 The precise performance measures (and wider information) to be captured will be developed with partners as part of the commissioning process. This is to ensure that we measure a range of inputs, outputs and outcomes.

7.4 In principle we are interested in:

- The percentage and number of perpetrators engaged with the programme self-reporting a positive change in attitude towards what constitutes abusive behaviour
- The percentage and number of those engaged reporting a reduction in their abusive behaviour towards their family
- The percentage and number of perpetrators attending the programme who are able to identify improvements in their relationships with their family
- A reduction in offending behaviour over a 12 month period
- A reduction in demand for support services by the family / perpetrator.
- Tracking the progress of service users/families
- Reduction in future perpetrators of DA

8. Equalities Implications

8.1 None.

9. Consultation

9.1. We have formed this proposal in partnership with colleagues from North East Lincolnshire, North Lincolnshire. We have also consulted with colleagues from Hull (CSP) so that they are aware and supportive of the proposal.

9.2. A positive response was received from all with feedback including testimonies from service users, some examples provided below;

- I have learnt a lot in the last 9 weeks. I questioned everything every day. I don't do that now I try to rationalize things. I feel really supported by the Re:Form team. The biggest thing that has impacted on me was the information around the different forms of abuse and the impact that my behaviour has had on my kids and partner and I don't want Sophie to ever feel that she wants to leave but daren't.
- I didn't tell my little brother what had happened as I would never want him to think that that is how you treat someone that you're in a relationship with.
- I wanted to make her feel like she was to blame for the incident and at the time couldn't see anything else. I now know what know how badly I was behaving.
- I struggled with the exercise, it really upset me when I realised what I had done to my partner
- I am now more empathic towards my sons when they are struggling with things. I would have previously told them to shut up and get on with it, I now listen to them and talk things through with them.

9.3. Received testimonies from Social workers on South Bank (North East Lincs) who presented positive feedback in relation to WiC.

10. Media information

10.1 The programme will include full media launch in February 2021 in preparation for programme roll out in March 2021.

11. Background documents

11.1 Business case submitted to Commissioner November 2020.

11.2 Experiences of Child and Adolescent to Parent Violence in the Covid-19 Pandemic, Condry et al, August 2020.

12. Publication

12.1 Open

PLEASE COMPLETE AND APPEND THE FOLLOWING TABLE TO ALL REPORTS THAT REQUIRE A DECISION FROM THE COMMISSIONER

This matrix provides a simple check list for the things you need to have considered within your report. If there are no implications please state

I have informed and sought advice from HR, Legal, Finance, OPCC officer(s) etc. prior to submitting this report for official comments	Yes
Is this report proposing an amendment to the budget?	CEO approved
Value for money considerations have been accounted for within the report	Yes
The report is approved by the relevant Chief Officer	CEO approved
I have included any procurement/commercial issues/implications within the report	Yes
I have liaised with Corporate Communications on any communications issues	N/A
I have completed an Equalities Impact Assessment and the outcomes are included within the report	N/A
I have included any equalities, diversity and or human rights implications within the report	N/A
Any Health and Safety implications are included within the report	N/A
I have included information about how this report contributes to the delivery of the Commissioner's Police and Crime Plan	Yes