

**OFFICE OF THE POLICE AND CRIME COMMISSIONER  
FOR HUMBERSIDE  
DECISION RECORD**

Decision Record Number: 44/2022

Title: **Hull Children's University Well-being Packs**

**Executive Summary:**

During the pandemic Hull Children's University successfully delivered wellbeing packs to thousands of children across Humberside, through care homes and specialist service providers. Humberside OPCC are proposing to re develop these packs and roll out again via a targeted approach to young victims of domestic abuse and sexual violence in partnership with Hull Children's university and key stakeholders.

**Decision:**

That funding of £45,000 is provided to Hull Children's University to deliver targeted intervention to our most vulnerable children and young people in Humberside. Production and distribution of well-being packs for children who have experienced DA and / or SV. There is funding available within the Core Victims Grant.

**Background Report:** Open

**Police and Crime Commissioner for Humberside**

I confirm I have considered whether or not I have any personal or prejudicial interest in this matter and take the proposed decision in compliance with my code of conduct.

Any such interests are recorded below.

The above decision has my approval.

**Signature**



**Date 07/11/2022**

**POLICE AND CRIME COMMISSIONER  
FOR HUMBERSIDE**

**SUBMISSION FOR:  
DECISION**

**OPEN**

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Date: **.2022**

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**1. Executive Summary**

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**2. Recommendation(s)**

That funding of £45,000 is provided to Hull Children's University to deliver targeted intervention to our most vulnerable children and young people in Humberside. Production and distribution of well-being packs for children who have experienced DA and / or SV. There is funding available within the Core Victims Grant.

**3. Background**

3.1.1 Humberside OPCC strategic needs assessment has identified unmet need and gaps in service with regard to children and young victims of domestic abuse and sexual violence. We know the impact on children and young people is significant and currently unmet. For example:

- In 2020/21, 434 children in North Lincolnshire were referred to social care due to domestic abuse,
- 228 victims were referred to adult social care safeguarding adult's team.
- 434 children were referred to North East Lincolnshire social care, the proportion of assessments where parents/carers were subject to DA has increased over the same time.
- There is a waiting list for IDVA services in Hull and of up to a year for therapeutic services across Humberside.

3.1.2 To meet the identified and emerging needs of children and young victims, Humberside OPCC propose the re development and delivery of targeted well-being packs across Humberside. The packs have themes and include:

- ‘Little Can of Can Do’ The can contains 30 days of mindfulness activities that help build daily habits to help create stress free and confident teens with a can do attitude.
- ‘Mood Cards’ can be used alone or with an adult to help children understand their feelings and gives them the skills to deal with them.
- The bags the packs come in will be branded with OPCC logo/s and include additional resources or information on wider services (NIOC).

3.1.3 The packs will be delivered to specific key stage cohorts with key components to help children overcome the negative experiences they have had in their lives. As follows:

**KS1 packs will include:**

- ‘Mood Cards’ can be used alone or with an adult to help children understand their feelings and gives them the skills to deal with them.
- ‘Ruby’s Worry’ This is a gorgeous book about a little girl who has a worry that gets bigger and bigger and then she finds out that by talking about her worry it goes away.
- ‘A Worry Monster’ We use these regularly with our children in care cohort. The worry monster is a stuffed toy that eats your worries. If Worry Monsters are not available a teddy bear will be included in the pack.
- ‘The Colour Monster’ A book that helps explain your feeling through colours
- ‘Where Happiness Begins’ A book about finding happiness after you have been feeling sad
- ‘ABC Mindful Me’ A book for young children about being mindful of their feelings and how to understand them. It also has activities for the children to do.

**The packs for KS2 pupils will include:**

- ‘Little Can of Can Do’ The can contains 30 days of mindfulness activities that help build daily habits to help create stress free and confident teens with a can do attitude.
- Pen, Pencil, Coloured Pencils & Pencil Sharpener
- Happy Confident Me Journal Journaling helps develop a **resilient, growth mindset** so children can grow into confident, happy adults
- UnHurry Me book and Unworry me book These books teach children coping mechanisms that are practical and easy to do that help them manage stress and anxiety

- Looking after your mental health – A children’s guide to having good mental health
- Stress Squeeze Ball/Hart HEY CU Branding

**The KS3/KS4 packs will include:**

- The Big Life Journal for Teens is a key component of the pack. The Big Life Journal helps develop a **resilient, growth mindset** so they can grow into confident, happy adults.
- The **Big Life Journal - Teen Edition** helps tweens and teens to:
  - discover the power of their brain and mindset
  - understand they are in charge of their own lives and happiness
  - turn their negative self-talk into positive and empowering
  - practice setting goals
  - learn to overcome challenges and setbacks

#### 4. **Options**

There are three options.

Option 1 - Do nothing - don't fund

This option is not recommended as it would be a lost opportunity for the Commissioner to support young victims, engage with local people and raise awareness of the work of the office.

Option 2 – Fund partial contribution

Similar to option 1 the PCC could make a partial contribution but this would then require further sponsors to be identified and sourced by Hull CU.

Option 3 – Fund full amount

This option is recommended because it allows the PCC to capitalise on the opportunity and secure the opportunity to capitalise on positive communications with regards to supporting vulnerable young people, this is also an excellent resource for commissioned services and partner agencies.

Funding this

#### 5. **Risks**

The risks are minimal to the investment. There is money available due to underspend in core budget in 2021 due to impact of COVID, less travel etc and therefore this can be used to support the event as one off funding.

## **6. Contribution to Delivery of the Police and Crime Plan**

This investment will contribute directly to aims one and two of the Police and Crime Plan through Engaged, Resilient and Inclusive Communities and Safer Communities.

## **7. Financial Implications**

The budget requirement is £45,000 which will secure the following:

- KS1 packs = 258
- KS2 packs= 332
- Key stage 3/4= 783

## **8. Legal Implications**

*None*

## **9. Equalities Implications**

N/A

## **10. Consultation**

- Previously received positive feedback from the Blue Door, Hull DAP and Victim Support with regard to the quality of the packs and the resource this gave to front line practitioners.
- Agencies support another roll out of the packs
- Schools and care Homes have been consulted on demand per key stage.

## **11. Communication Issues**

Opportunity for positive PR

## **12. Background documents**

- None

## **13. Publication**

OPEN

This matrix provides a simple check list for the things you need to have considered within your report. If there are no implications please state

I have informed and sought advice from HR, Legal, Finance, OPCC officer(s) etc prior to submitting this report for official comments	Yes
Is this report proposing an amendment to the budget?	Yes
Value for money considerations have been accounted for within the report	Yes
The report is approved by the relevant Chief Officer	Yes
I have included any procurement/commercial issues/implications within the report	Yes
I have liaised with Corporate Communications on any communications issues	Yes
I have completed an Equalities Impact Assessment and the outcomes are included within the report	N/A
I have included any equalities, diversity and or human rights implications within the report	N/A
Any Health and Safety implications are included within the report	Yes
I have included information about how this report contributes to the delivery of the Commissioner's Police and Crime Plan	Yes