

**OFFICE OF THE POLICE AND CRIME COMMISSIONER  
FOR HUMBERSIDE  
DECISION RECORD**

Decision Record Number: **39/2022**

Title: **Therapeutic Intervention for children at risk of harm at home (East Riding)**

**Executive Summary:** This is a proposal to co-commission therapeutic services for victim-survivors of domestic abuse, for men, women and children.

**Decision:**

That funding of £60,000 is provided to add value and support the direct provision of therapeutic intervention to children living in violent and abusive homes within the East Riding.

**Background Report:** Open

**Police and Crime Commissioner for Humberside**

I confirm I have considered whether or not I have any personal or prejudicial interest in this matter and take the proposed decision in compliance with my code of conduct.

Any such interests are recorded below.

The above decision has my approval.

**Signature**



**Date 02/09/2022**

**POLICE AND CRIME COMMISSIONER  
FOR HUMBERSIDE**

**SUBMISSION FOR:  
DECISION**

**OPEN**

**Title:**

**Date: August 2022**

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**1. Executive Summary**

This is a proposal to co-commission therapeutic services for victim-survivors of domestic abuse, for men, women and children.

**2. Recommendation(s)**

That funding of £60,000 is provided to add value to a collaborative commissioning exercise with East Riding local authority and the integrated Care System (ICS) to support the direct provision of therapeutic interventions to children living in violent and abusive homes within the East Riding.

**3. Background**

Mental Health support is vital for victim-survivors of domestic abuse to be able to recover from trauma. Domestic abuse is the most common cause of depression amongst women; abused women are four times more likely to experience depression than non-abused women, and almost two thirds of domestic abuse survivors experience post-traumatic stress disorder (PTSD). This is more than twice the rate experienced by soldiers in combat. Around two thirds of women using mental health services have a lifetime experience of domestic abuse (Safelives 2018).

East Riding Local Authority and the ICS intend to fund a therapeutic recovery practitioner to ensure that targeted mental health support is available to victims and survivors of domestic abuse in the East Riding. A consultation with victims and survivors which took place in 2019 / 2020 found that there was a lack of provision for therapeutic recovery and counselling and that this would have been beneficial if provided.

A gap analysis has indicated that counselling services are available to meet the need for those requiring short term interventions however, for those with more complex needs a dedicated psychotherapy service is not in existence.

The proposed cost of an adult focused therapeutic recovery practitioner (with on costs) is £60,000, we propose to match fund this cost and enable children to also receive therapeutic support to increase the protective measures around children in violent homes and potentially reduce the risk factors that they may then go on to engage in risky behaviours and /or violence.

#### **4. Options**

There are three options.

##### **Option 1 - Do nothing - don't fund**

This option is not recommended as children will continue to struggle to access therapeutic support and increase their likelihood of risky behaviours and/or likelihood of violence.

##### **Option 2 – Fund to lower level**

This option is feasible but not recommended as it would leave a funding gap and reduce deliverability.

##### **Option 3 – Fund at £60,000**

This is the recommended option as this allows the area to expand therapeutic provision and support children and young people most effectively. This further enables the OPCC to form and develop collaborative commissioning relationships with East Riding local authority and the emerging Integrated Care Systems (ICS) in health.

#### **5. Risks**

There are limited risks in that we already commission services with East Riding local authority as a known and trusted partner.

#### **6. Driver for Change/Contribution to Delivery of the Police and Crime Plan**

The programme will contribute towards the 'Engaged, Resilient and Inclusive Communities' strand of the Police and Crime Plan: we know that within the East Riding area, Bridlington features as a hotspot for recorded domestic abuse and would benefit most from this intervention as part of a place-based approach. In addition, the aim of ensuring 'Safer Communities' includes the need to support young people, reduce harm through sustainable interventions and protect the most vulnerable.

#### **7. Financial Implications**

The cost relates to additional provision of a full-time clinical post to support children affected by violence in the home, to complement adult provision to be funded via ER local authority and the ICS. Salary cost likely to be at NHS band 7 – up to £45,00<sup>1</sup>, for a minimum of one year, plus on costs. All other associated costs will be met through East Riding local authority in partnership with the ICS.

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<sup>1</sup> <https://www.healthcareers.nhs.uk/working-health/working-nhs/nhs-pay-and-benefits/agenda-change-pay-rates/agenda-change-pay-rates>

**8. Legal Implications**

This funding will be allocated directly to East Riding local authority who shall have overall management responsibility for the additional post. Humberside OPCC will provide contract management and commissioning support.

**9. Equalities Implications**

Children requiring therapeutic intervention will be identified through existing Domestic Abuse (DA) and Sexual Violence support pathways, with priority allocation to postcodes falling within hot spot areas e.g. Bridlington South ward.

**10. Consultation**

This service will be commissioned in collaboration with East Riding local authority and the ICS, both of whom have carried out extensive consultation with local populations affected by domestic abuse as part of their local needs assessments.

**11. Communication Issues**

*None*

**12. Background documents**

*None*

**13. Publication**

This matrix provides a simple check list for the things you need to have considered within your report. If there are no implications please state

I have informed and sought advice from HR, Legal, Finance, OPCC officer(s) etc prior to submitting this report for official comments	Yes
Is this report proposing an amendment to the budget?	Yes
Value for money considerations have been accounted for within the report	Yes
The report is approved by the relevant Chief Officer	Yes
I have included any procurement/commercial issues/implications within the report	Yes
I have liaised with Corporate Communications on any communications issues	Not yet
I have completed an Equalities Impact Assessment and the outcomes are included within the report	N/A

I have included any equalities, diversity and or human rights implications within the report	Yes
Any Health and Safety implications are included within the report	Yes
I have included information about how this report contributes to the delivery of the Commissioner's Police and Crime Plan	Yes